



Additional Disability Benefits and Supports

This document provides a compilation of the programs and services available to Indigenous peoples eligible for disability benefits and supports, on and off reserve, as noted.

Extended: Flexible Use of Direct Funded / At Home Program Respite

WHO: Families with a Direct Funded or At Home Program Respite Agreement.

WHAT: The standard amount of \$3,080 per year can be used in a flexible manner and recipients do not need to account for that spending. Flexible options include meal prep / grocery shopping assistance, homemaker supports, caregiver relief support for siblings, online programs for children who are CYSN eligible, counselling services, and other options that support family well-being and alleviate stress. If families use any amount of respite funding over the basic amount of \$3,080 / year for traditional respite, they need use a Record of Expense Form to account for that spending.

WHEN: Extended flexible use until March 31, 2022.

HOW: Contact your [local CYSN Family Support Services office](#) and/or your CYSN worker for more information.

▶▶▶
more info
/ apply

Flexibilities for Autism Funding

The provincial government has made accessing and receiving funding for families and caregivers of children with Autism more flexible.

- Families and caregivers of children age 6 to 19 whose birthday falls between March 15, 2020 and August 31, 2020 will have up to three additional months to use unspent funding from the affected funding period.
- Families can use up to 20% of their funding to purchase items or pieces of equipment that would enhance a child's current Behavioural Plan of intervention, provided they have a detailed Justification for Equipment form that is endorsed by a medical professional.
- Families can use some funding towards family counselling / therapy for children over 6 years old.

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more info on the
BC Autism Assessment Network

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more info on
autism funding flexibilities

Mental Health and Wellness

If you need support for your mental health and wellness, you can find information at:

- Hope for Wellness Help Line - available at 1-855-242-3310 or visit the [online chat](#)
- KUU-US Crisis Response Service - offered by FNHA 1-800-588-8717
- [Wellness Together Canada](#) - Mental Health and Substance Use Support
- Additional [mental health and cultural supports](#)

! Some COVID-19 related supports are no longer available, including the National Workplace Accessibility Stream of the Opportunities Fund for Persons with Disabilities, the One-time Payment to Persons with Disabilities, the BC Recovery Supplement and the Enabling Accessibility Fund.

! If you are unable to return to work due to COVID-19, and are not sure what benefits are available, contact 1-877-631-2657.

! If you have any non-health COVID-19-related questions or requests, please email: aadnc.iscbccovid19.aandc@canada.ca

Please Note

This is not a comprehensive list of programs, benefits or resources for First Nations in BC, and the information provided is subject to change. Please refer to the [Federal](#) and [Provincial](#) websites for the most up-to-date information.

If you have feedback on this document, please contact info@fnps.ca