### **COVID-19 AT A GLANCE**

## **Additional Disability Benefits and Supports**



This document provides a compilation of the programs and services available to Indigenous peoples eligible for disability benefits and supports, on and off reserve, as noted.

# Extended: Flexible Use of Direct Funded / At Home Program Respite

**WHO:** Families with a Direct Funded or At Home Program Respite Agreement.

WHAT: The standard amount of \$3,080 per year can be used in a flexible manner and recipients do not need to account for that spending. Flexible options include meal prep / grocery shopping assistance, homemaker supports, caregiver relief support for siblings, online programs for children who are CYSN eligible, counselling services, and other options that support family well-being and alleviate stress. If families use any amount of respite funding over the basic amount of \$3,080 / year for traditional respite, they need use a Record of Expense Form to account for that spending.

WHEN: Extended flexible use until March 31, 2022.

**How:** Contact your **local CYSN Family Support Services office** and/or your
CYSN worker for more information.

►►► more info / apply

## Flexibilities for Autism Funding

The provincial government has made accessing and receiving funding for families and caregivers of children with Autism more flexible.

- Families and caregivers of children age 6 to 19 whose birthday falls between March 15, 2020 and August 31, 2020 will have up to three additional months to use unspent funding from the affected funding period.
- Families can use up to 20% of their funding to purchase items or pieces of equipment that would enhance a child's current Behavioural Plan of intervention, provided they have a detailed Justification for Equipment form that is endorsed by a medical professional.
- Families can use some funding towards family counselling / therapy for children over 6 years old.

more info on the
BC Autism Assessment Network

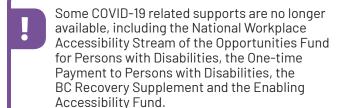
more info on autism funding flexibilities

#### **Mental Health and Wellness**

Last updated: April 20, 2021

If you need support for your mental health and wellness, you can find information at:

- Hope for Wellness Help Line available at 1-855-242-3310 or visit the online chat
- KUU-US Crisis Response Service offered by FNHA 1-800-588-8717
- Wellness Together Canada Mental Health and Substance Use Support
- Additional mental health and cultural supports



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If you are unable to return to work due to COVID-19, and are not sure what benefits are available, contact 1-877-631-2657.



If you have any non-health COVID-19-related questions or requests, please email: aadnc.iscbccovid19.aandc@canada.ca

#### Please Note

This is not a comprehensive list of programs, benefits or resources for First Nations in BC, and the information provided is subject to change. Please refer to the **Federal** and **Provincial** websites for the most up-to-date information.

If you have feedback on this document, please contact **info@fnps.ca**