



# Our Gathering, 2021

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### Delegate Information Page

Welcome to Our Gathering, 2021's June 23 and 24 sessions.

Purpose of this document: **to provide general technical information to delegates and attendees, including Zoom instructions, meeting best practices, access to Zoom links, the agenda, and panel resources, and links to post-event feedback surveys.**

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#### Technical Support

If you have any questions, technical issues during the session, or need help getting started on Zoom, contact **our technical team**. You can do this through a couple of different ways, depending on your issue:

1. Use the Zoom Chat function to direct message the FNPSS Team Member in the Zoom meeting. Their name will be: "FirstName Lastname - Tech Support - FNPSS"
2. Put your technical support question directly into the Zoom chat box for everyone to see. An FNPSS team member will message you back.
3. OR, if you cannot access the Zoom meeting, email our technical support team here:

og2021@fnps.ca

## Zoom Instructions

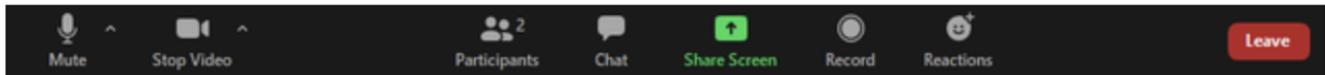
Welcome to Zoom! We will be utilizing Zoom meetings for the entirety of Our Gathering, 2021's June 23 and 24 half-day sessions. Below are some Zoom features, reminders, and best practices that we will use during the forum.

**Important note about virtually accessing Our Gathering, 2021:** To access both days of these June sessions, please utilize the same Zoom link. This Zoom link will have been sent to your email inbox after you registered, and will have been re-sent the day of the event. If you cannot find your Zoom link, please email our technical support team using the email address, above.

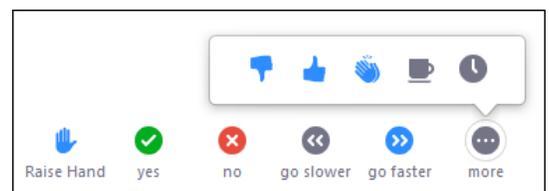
## Zoom Controls

The following are some notes about Zoom controls during Our Gathering, 2021.

*Attendee controls via Desktop/Tablet will appear at the bottom of your screen, and appear as so:*



- **If you have questions during Q&A sessions**, please use the Chat button to type. If sessions have time for live questions, you may use the Raise Hand function and wait for a moderator to call on you to turn on your audio and video. With that, all participants are still encouraged to share their questions and comments via email and the feedback survey.
  - Unless you are prompted to turn on your audio and video to ask a question, you may do so. However, for the remainder of the event, we ask you to keep yourself Muted (microphone off) so that there are no muffled sounds in the background. Feel free to keep your video on, however, as we love seeing your faces!
- **Rename:** Hover over your name to change it as it is displayed to other participants. When you join the session, please take a moment to rename yourself on Zoom to include your First Name, Last Name, and Organization, so we know who you are. *To do this, hover over your name on the left hand side of your screen, and press "More", then "Rename".*
- **Non-verbal feedback icons:** Place an icon beside your name to quickly notify the host. For example, "Raise hand" places the raise hand icon beside your name and



simulates a hand raise. We will use the Raise Hand function during the Q&A portions of some sessions.

- **Chat:** Access the chat window to chat with the panelists or participants. You can send a message to the entire group or individually to other attendees, as needed. *Note: if you have technical issues at any point during the event, please feel free to message an FNPSS member privately using the chat and they will help you out with any concerns.*
- **Leave Meeting:** If you accidentally leave the meeting during the day, you can sign back in using the original sign-in link/ meeting code/ dial-in numbers which would have been emailed to you.

### **Attendees Best Practices**

- **Get comfortable!** Find a place with good internet or cellular service and little background noise. If possible, we recommend wiring into the event using an Ethernet connection. Not sure what we mean? [Learn more about ethernet connections by clicking here.](#)
- We recommend attending the event via **Desktop or Tablet** with the Zoom app, as the controls outlined above are unavailable to attendees dialing in by phone. [If you have not yet downloaded the Zoom app, click here to do so.](#)
- Mute your microphone in meetings to help keep background noise to a minimum when you are not speaking.
- Speak up to ask a question only when called on (after utilizing the Raise Hand function), and avoid activities that could create additional noise, such as shuffling papers. Keep in mind that there can be a slight delay in audio/video response time.
- Ensure your webcam is in a stable position and focused at eye level.
- Make it easier to focus on the meeting by turning off notifications, closing or minimizing running apps, and muting your smartphone.
- Avoid multitasking: you'll retain the discussion better if you refrain from replying to emails or text messages during the meeting.
- Every 20 minutes or so, get up and stretch or move around. Take advantage of breaks to get food, water, and to stay hydrated.

### **Day 2 Concurrent Session Links - Indigenous Community Support Fund**

On Day 2 of Our Gathering, 2021 (June 24th), as the final session of the day, participants will have an option to stay in their current Zoom room to network with other Band Administrators and First Nations Leadership, or leave the room to join the **Indigenous Community Support Fund - Information Session**, which will be run by Indigenous Services Canada (ISC). Participants are also welcome to move between rooms and visit both at their convenience by using the links, below.

To access the **Indigenous Community Support Fund - Information Session**, please click this link:  
<https://fnps-ca.zoom.us/j/82663652711?pwd=TWFwdDZJUThCY1hleFRSTTNWTGdMUT09>

**For those who are unfamiliar with the Indigenous Community Support Fund:** This fund provides Indigenous leadership and organizations with the flexibility needed to design and implement community-based solutions to prevent, prepare and respond to the spread of COVID-19 within their communities. These funds can be used for measures including, but not limited to: *support for elders and vulnerable community members; measures to address food insecurity; educational and other support for children; mental health assistance and emergency response services; and preparedness measures to prevent the spread of COVID-19.* Needs-based funding is currently available. [For more information, click here.](#)

### Document Access: OG21 Webpage

To access all documents you may need over the course of the June 23 and 24 sessions, please use our website: [www.fnps.ca/og2021](http://www.fnps.ca/og2021). Documents are available for viewing and download, and the webpage will be updated periodically during the event when resources or presentations are available for public viewing.

### Traditional Cultural Supports

We have a separate space with First Nations Health Authority counselors available to participants should anyone feel the need to take a step back from any of the sessions.

The two organizations providing cultural supports are:

- **Tsow Tun Le Lum (Helping Hands)** in Lantzville, BC (Vancouver Island) is on the traditional territories of the Coast Salish. Their health and cultural support workers provide emotional support, offer trauma informed support, crisis support, critical incident debriefing and stress management. Workshops on Trauma Affects, Grief and Loss, Lateral Kindness, Suicide Awareness, and others as requested. They have a gifted group of Spiritual Helpers that provide ceremony, spiritual support, brushings, and other cultural practices and work in a holistic and culturally focused way, providing support to Spirit, Heart, Mind, and Body.
- **Indian Residential School Survivors Society (IRSSS)** is located in Vancouver with satellite offices in Terrace, Prince George, Williams Lake, Kamloops, Penticton and Hope. The Indian Residential School Survivor Society (IRSSS) is a provincial organization with a twenty-year history of providing services to Indian Residential School Survivors. IRSSS provides essential services to Residential School Survivors, their families, and those dealing with Intergenerational traumas. These impacts affect every family and every community across B.C.

To connect with a support member in a private breakout room, you can leave the Our Gathering Zoom room to join this separate meeting space where an FNPSS team member can place both the participant

and support member in a private breakout room. [To join the traditional cultural supports session at any point during the June 23 and 24 sessions, please click here.](#)

## Thank You

The organizing team of Our Gathering, 2021 would like to thank all of our speakers, panelists and guest facilitators for being a part of this event and sharing their stories from this unprecedented year. All guest speakers and panelists will be receiving a gift card from Massy Books as a token of our appreciation.

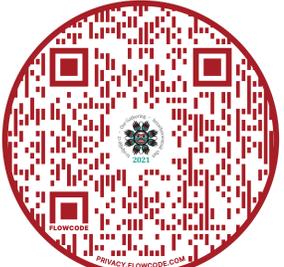
*Massy Books is a 100% Indigenous owned and operated bookstore and retail destination in Vancouver, BC's Chinatown neighbourhood. It's a place where people feel welcome to explore and ask questions, and to browse in ways that give pause to the day. For information about Massy Books and to purchase books and art from their online store, visit [www.massybooks.com](http://www.massybooks.com)*

## Feedback Surveys

Participants will be encouraged to fill out these short surveys following each session on June 23 and 24. The answers will help to guide future Our Gathering sessions. Each survey will take no more than 5 minutes to complete.

To access these surveys, either click the link, below, or scan the QR code using your mobile phone's camera application.

| Session Title                                                        | <b>Survey Link</b>                                                                                         | <b>Scannable QR Code</b>                                                              |
|----------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <b>Professional and Institutional Development (P&amp;ID) Session</b> | Link:<br><a href="https://www.surveymonkey.com/r/pidsession">https://www.surveymonkey.com/r/pidsession</a> |  |

|                                                                     |                                                                                                                                  |                                                                                                                                                                                                                                                                                                               |
|---------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How Can ISC Work Better with and Serve First Nations Session</b> | Link:<br><a href="https://www.surveymonkey.com/r/iscservice">https://www.surveymonkey.com/r/iscservice</a>                       |  A circular QR code with a red border. In the center is a logo featuring a stylized flower or star with the year '2021' below it. The words 'FLOWCODE' and 'PRIVACY.FLOWCODE.COM' are visible at the bottom of the code.   |
| <b>Nation-to-Nation Sharing on Capacity Development Session</b>     | Link:<br><a href="https://www.surveymonkey.com/r/nationtonationsession">https://www.surveymonkey.com/r/nationtonationsession</a> |  A circular QR code with a red border. In the center is a logo featuring a stylized flower or star with the year '2021' below it. The words 'FLOWCODE' and 'PRIVACY.FLOWCODE.COM' are visible at the bottom of the code.   |
| <b>FNPSS Informational Session</b>                                  | Link:<br><a href="https://www.surveymonkey.com/r/fnpssinfo">https://www.surveymonkey.com/r/fnpssinfo</a>                         |  A circular QR code with a red border. In the center is a logo featuring a stylized flower or star with the year '2021' below it. The words 'FLOWCODE' and 'PRIVACY.FLOWCODE.COM' are visible at the bottom of the code. |
| <b>Panel on 10-Year Grants Session</b>                              | Link:<br><a href="https://www.surveymonkey.com/r/10yeargrantssession">https://www.surveymonkey.com/r/10yeargrantssession</a>     |  A circular QR code with a red border. In the center is a logo featuring a stylized flower or star with the year '2021' below it. The words 'FLOWCODE' and 'PRIVACY.FLOWCODE.COM' are visible at the bottom of the code. |

## **Have additional questions?**

*If you have any questions, concerns, or technical issues relating to Our Gathering, 2021, please reach out to the planning team via at [og2021@fnps.ca](mailto:og2021@fnps.ca).*