



Canada School  
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# Courageous Conversations

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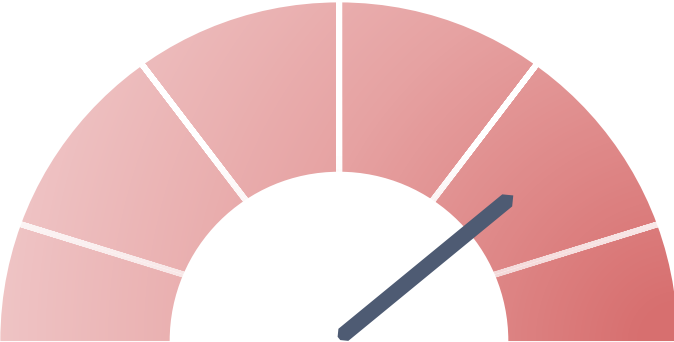
# Objectives

- Why it is important to be courageous
- The AIR model as a foundation for courageous conversations

# Current challenges

- What are some current situations or challenges you are dealing with?
- What are some situations or challenges you are anticipating dealing with?
- What are some situations or challenges you are dreading dealing with?

ALWAYS    SOMETIMES    RARELY    NEVER



# Group Sharing

- Why should I bother?
- Do my emotions get in the way of these conversations?

# AIR Model

## Authenticity

Am I looking for authentic truth, or am I stuck on *my* truth.  
Am I in control of my emotions? How?

## Intimacy

Am I helping to build common rapport? How? Am I showing I care?  
What was the last thing I did to show it?

## Responsibility

Am I preparing and leading future conversations to help the client/  
colleague?

# Fearless Advice, Faithful Implementation



# Questions?